

# Sophie Guellati-Salcedo, Ph. D.

## *Curriculum Vitae*

### PERSONAL INFORMATION

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#### Personal Data

Bilingual French/English  
Birthplace: Paris, France  
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### HIGHER EDUCATION

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#### Ph.D.

August 2004

**University of Miami**, Coral Gables, Florida

APA Accredited Program: Clinical Psychology

Major: Clinical Health Psychology

Internship at Boston University (Aug. 2003 - Aug. 2004)

Dissertation Title: *Enhanced Benefit Finding in Women with Early-Stage Breast Cancer: The Mediation Role of Skill Building and Social Functioning*

Dissertation Defended: August 2003

#### Master of Science

January 2002

**University of Miami**, Coral Gables, Florida

APA Accredited Program: Clinical Psychology

Major: Clinical Health Psychology

Thesis Title: *The Role of Optimism in Predicting Post-Surgical Recovery*

Validation of the French Master's Thesis by a UM Committee

#### Advanced Post Master Specialized Degree (DEA)

July 2000

**Paris X Nanterre University**, Nanterre, France

Research-oriented degree preparing to Doctoral Research and  
Dissertation (D.E.A.)

Major: Cognitive Psychology and Clinic of Interactive Processes

Thesis Title: *Personality, Coping Styles and Chronic Pain*

Research and Supervised Clinical Practice at Saint-Antoine University  
Hospital, Paris, France

#### Advanced Post Master Specialized Degree (DESS)

July 1999

**Paris V René Descartes University**, Paris, France

Non-APA Accredited Program: National Licensing Clinical  
Program (leading to title of Clinical Psychologist)

Major: Clinical Psychology

Internships: Necker Children's University Hospital, Paris, France  
Sainte-Anne Mental Health Center, Paris, France

Aggregate duration of 4 internships: 1,252 hours

<b>Master of Science</b> Sept 1998	<b>Paris V René Descartes University</b> , Paris, France Master's Degree in Psychology Majors: Psychopathology and Health Psychology Thesis Title: <i>The Role of Optimism in Predicting Post-Surgical Recovery</i> Internships: Boucicaut Hospital, Paris France Yvelines Center for the Treatment of Alcoholism, Versailles, France
<b>Bachelor of Science</b> July 1997	<b>Paris V René Descartes University</b> , Paris, France Non-APA Accredited Program: Psychology Major: Psychology
<b>Advanced Post Master Specialized Degree (DESS)</b> July 1994	<b>Paris I Pantheon-Sorbonne University</b> , Paris, France Major: European and International Business Administration Internship: Messier-Bugatti Corp., Velizy, France
<b>Master of Business Adm.</b> July 1988	<b>Paris IX Dauphine University</b> , Paris, France Majors: Finance, Taxation and Tax Management Thesis Title: <i>Taxation of non-business profits: study of a particular case: the taxation of incomes from prostitution</i> Internship: Credit Lyonnais Bank – Neuilly Group, Neuilly, France

## PROFESSIONAL AFFILIATIONS

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2001-Present	American Psychological Association,
2002-Present	Division 38 of the APA (Health Psychology)
2000-2004	Psychology Graduate Student Association, Department of Psychology, University of Miami

## ACADEMIC HONORS AND AWARDS

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2003	Letter of Commendation from Department of Psychology for excellence in teaching
2002	Fulbright Professional Enhancement Grant Award
2002	Research Assistantship - University of Miami
2001	Letter of Commendation from Department of Psychology for excellence in coursework, research and clinical work
2001	Teaching Assistantships (Summer, Fall) – University of Miami
2000	Fulbright Scholarship Renewed non-cash benefits in 2001, 2002, 2003, and 2004 based upon academic results
1999 - 2000	Post-Master Degrees in Psychology passed with Honors
1999 - 2000	Merit Scholarship granted for the Clinical Post-Master Degree in Psychology
1997 - 1998	M.S. and B.S. in Psychology passed with High Honors
1993	Post-Master Degree in Business Administration passed with High Honors

## **CLINICAL EXPERIENCE IN THE UNITED STATES**

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### **POST DOCTORAL RESIDENCY**

#### **University of Miami, Psychological Services Center**

Sept 2004 to July 2005 and June 2006 to Jan 2007 (> 2,000 hours)

Supervisors: Ketty Patiño-Gonzalez, Ph.D., Kim Fuller, Ph.D., ABPP

Conducted psychological/psychoeducational testings. Presenting problems included evaluation of giftedness, learning disabilities, ADHD, and cognitive testing of children with pervasive developmental disorders. Weekly individual supervision with Ketty Patiño-Gonzalez, Ph.D.

Conducted short-term outpatient therapy with adults from a multiethnic population in the South Florida community. Individual therapy issues included mood disorders, personality disorders, and crisis intervention. Weekly individual supervision involved discussion of cases, including diagnosis and treatment plans, review of audio and videotapes, and discussion of transference and counter-transference issues. Eclectic treatment approach included cognitive-behavioral, interpersonal, humanistic, stress-management, and schema-focused therapy techniques. Participated in weekly therapy case conferences.

### **PRE-DOCTORAL INTERNSHIP**

#### **The Danielsen Institute at Boston University, Boston, MA.**

August 2003 to August 2004

Director of Advanced Training: David Rupert, Psy.D.

Supervisors: Carole R. Bohn, Ed.D., Anthony M. Gross, Psy.D, James Barbaria, Ph.D.

Provide outpatient mental health and assessment services for adults from a multiethnic population in the Boston community. Caseload of 10-hour weekly individual therapy and 2-hour weekly group therapy. One-day weekly rotation in a multidisciplinary team serving geriatric clients in the PACE (Program for All-inclusive Care for the Elderly) East Boston Neighborhood Health Center. One and one-half hour weekly individual supervision with a primary supervisor and one hour with the on-site supervisor at the East Boston placement. Co-Facilitate a weekly general psychotherapy group and participate to one and one-half hour weekly group supervision, where care management issues are discussed. Work at integrating various theoretical orientations and spiritual insights with clinical skills. Treatment orientation is primarily psychodynamic, but also includes cognitive-behavioral, interpersonal, systemic, and schema-focused therapy, as well as stress management and relaxation techniques. Participate in weekly therapy case conferences, testing, integration, and professional development seminars.

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### **PRACTICUM IN GERIATRICS - EXTENDED CARE**

#### **Miami Department of Veteran's Affairs Medical Center, Miami, FL.**

Sept 2002 to July 2003

Supervisor: Colleen West, Ph.D.

Conducted brief assessment and clinical interviews with inpatients in long-term care, including hospice. Interventions included working with terminally ill patients and their family members on end of life issues, and providing bereavement support after the loss of a loved one. Co-Facilitated weekly cancer support group (anticipated), bi-monthly bereavement support group and weekly psycho-spiritual support group. Attended weekly team meetings where care management issues were discussed within a multidisciplinary team. One hour weekly individual supervision was provided on a case-by-case basis. One hour weekly

group supervision with psychology interns was provided. Close collaboration with psychology interns was encouraged.

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### **INDIVIDUAL THERAPIES WITH ADULTS**

#### **University of Miami, Psychological Services Center**

May 2001 to December 2002

Supervisors: Frank Penedo, Ph.D., D. Kim Fuller, Ph.D., Jean-Philippe Laurenceau, Ph.D.

Conducted short- and long-term (e.g., up to 18 months) outpatient therapy with adults from a multiethnic population in the South Florida community. Individual therapy issues included obsessive-compulsive, dysthymia, various forms of anxiety, social phobia, and personality disorders. Weekly individual supervision involved discussion of cases, including diagnosis and treatment plans, review of audio and videotapes, and discussion of transference and counter-transference issues. Treatment orientation was primarily cognitive-behavioral, but also included interpersonal, humanistic, and schema-focused therapy, as well as stress management and relaxation techniques. Participated in weekly therapy case conferences.

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### **ASSESSMENTS WITH ADULTS, ADOLESCENTS AND CHILDREN**

#### **University of Miami, Psychological Services Center**

May 2000 to December 2001 (157 hours)

Supervisor: Ketty Patiño-Gonzalez, Ph.D.

Conducted psychological/psychoeducational testings. Presenting problems included evaluation of giftedness, language impairment, dyslexia, and a complex profile of learning disabilities. Individual supervision was provided on a case-by-case basis. One and a half hour weekly group supervision was provided.

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### **COGNITIVE BEHAVIORAL STRESS MANAGEMENT INTERVENTION**

#### **Coping and Recovery Project**

January 2000 to May 2000

Supervisors: Mike Antoni, Ph.D., Sharlene Weiss, Ph.D., Suzanne Lechner, Ph.D, Tammy Enos, Ph.D.

Conducted manualized one-day (10-week interventions anticipated in Spring 2003) cognitive-behavioral stress management and relaxation training seminars for early stage breast cancer patients. Seminars included training in identifying life stressors, identifying cognitive distortions, cognitive reframing, coping, maximizing social support, anger management, assertiveness training, and various relaxation skills (e.g., Progressive Muscle Relaxation, Visualization/Imagery). Seminars present 10-week intervention material in a more condensed form. Participants were screened for clinical levels of depression or anxiety using the Hamilton Structured Interview for Anxiety and Depression (SIGH-AD). One hour of weekly group supervision with support of group session videotapes was provided.

## **OTHER CLINICAL EXPERIENCE IN THE UNITED STATES**

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### **CERTIFICATION TRAINING IN GROUP THERAPY**

June 2004 – Wellesley, MA

23<sup>rd</sup> Annual Conference of the Northeastern Society for Group Psychotherapy (NSGP)

Attended an intensive four-day training program in group psychotherapy. This psychodynamically-oriented training is structured to provide a foundation of competency in conducting both long-term and time-limited group therapy. Certification requires completion of the training program and 300 hours of supervised clinical experience in group therapy (certification in progress, with a credit of 200 clinical hours).

### **MINDFULNESS BASED STRESS REDUCTION PROGRAM (MBSRP)**

September 2000 – November 2000

Instructor: Valerie York

Attended an eight-week mindfulness based stress reduction program based on Dr. Jon Kabat-Zinn's work with medical patients. Training aims to enable health care professionals to use these techniques with their own patients.

## **CLINICAL EXPERIENCE IN FRANCE**

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### **REQUIRED\* INTERNSHIP WITH CHILDREN**

**Necker Children's Hospital, Paris, France**

September 1998 to May 1999

Supervisor: Béatrice Thouvenin, Ph. D

Assessed development in inpatient infants with malformative syndromes. Conducted supportive interviews with parents. Conducted non-structured interviews with inpatient children suffering from cystic fibrosis, or other genetic disorders and degenerative diseases. Participated to weekly outpatient consultation of a senior pediatrician, providing consulting and liaison services. Conducted structured interviews for a quality of life study among children and adolescents with cystic fibrosis.

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### **REQUIRED\* INTERNSHIP IN A PSYCHIATRIC UNIT**

**Sainte-Anne Mental Health Center and University Hospital, Paris, France**

October 1998 to November 1998

Supervisors: Pr. B. Samuel-Lajeunesse, M.D.

Assessed psychiatric inpatients within the Depression-anxiety Care Unit, and produced reports on collected data, in collaboration with psychiatric interns. Participated to case discussion of findings at team meetings and case conferences. Attended teaching programs provided by the mental health center (e.g., semiological and diagnostic reports, audiotape and videotape presentation of cases, weekly seminars).

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\* Internship necessary to the candidacy to the Clinical Post-Master Degree in Clinical Psychology leading to the title of Clinical Psychologist (equivalent of licensing hours)

## **GROUP, COUPLE, AND INDIVIDUAL THERAPY AND SUBSTANCE ABUSE** **Yvelines Center for the Treatment of Alcohol Dependence**

January 1998 to July 1998

Supervisor: Arlene Manh, Ph.D.

Participated in clinical interviews with alcohol dependent patients and conducted several interviews alone. Interviews could be conducted with the patient individually or with the participation of the spouse or of a family member. The psychologist in charge always conducted couple and family therapy. Co-facilitated weekly open support groups, and became an integrated member of a multidisciplinary team composed of physicians specialized in alcohol dependence, psychiatrists, a psychologist, a social worker, and a secretary.

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## **REQUIRED\* INTERNSHIP WITH ADULTS**

### **Boucicaut Hospital, Paris, France**

December 1997 to July 1998

Supervisor: Ophelie C. Baudry, Ph.D.

Participated in numerous clinical interviews either with inpatients or with outpatients, and was able to conduct various interviews. Attended the chief surgeon's and a plastic surgeon's consultations, as well as pre-surgery staff meetings, on a weekly basis. Organized psychological follow-up for patients who had suffered very severe traumas: road accidents, occupational injuries, phlebotomies, amputations, transfer of limbs, transplants, etc. Played an active role in admission of inpatients, and scheduled psychological consultation of outpatients. Collected anamnestic and semiological data on candidates for surgery, and formulated therapeutic treatment plans.

## **RESEARCH EXPERIENCE**

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### **National Cancer Institute Breast Cancer Coping and Recovery Project**

#### **Department of Psychology, University of Miami**

August 2000 to August 2003

Principal Investigators: Charles S. Carver, Ph.D. & Michael H. Antoni, Ph.D.

A study funded by the National Cancer Institute to examine the psychosocial, neuroendocrine, and immune outcomes of a manualized 10-week cognitive behavioral stress management intervention in breast cancer patients. Duties include recruitment of participants (e.g., monthly mailing in cooperation with the American Cancer Society), tracking, screening, and interviewing group participants, data entry, and leading group interventions.

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### ***Dissertation: The Mediation Role of Skill Building and Social Functioning in a CBSM Intervention to Explain Enhanced Benefit Finding in Women with Early-Stage Breast Cancer***

Chairperson: Charles S. Carver, Ph.D.

Proposal Date: October 2002

Defense Date: August 2003

Exploratory analysis of the relationship between a set of skills, including emotion-focused and problem – focused skills, and dimensions of social functioning with the report of enhanced benefit finding in women with early stage breast cancer. A mediation model has been retained to test our hypotheses, moderated by the levels

of skills and social relations at baseline. A sample of 136 participants assessed at 4 time points was retained to test this model.

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**Post-Master Research Project: *Personality, Coping Styles, and Chronic Pain***

**Saint-Antoine University Hospital, Paris, France – Paris X Nanterre University, France**

Advisor on site: François Boureau, M.D., Center for the Evaluation and Treatment of Pain

Chairperson: Jean-Pierre Rolland, Ph.D. - Paris X Nanterre University

Defense Date: July 2000

Research conducted at Saint-Antoine outpatient pain clinic. A sample of 145 patients was retained to test the predictive role of personality traits and coping styles in the adjustment to the experience of chronic pain. Participants were assessed with self-report measures at a single time point.

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**Master's Thesis: *The Role of Optimism in Predicting Post-Surgical Recovery***

**Paris V René Descartes University, Paris, France**

Chairperson: Evelyne Bouteyre, Ph.D.

Defense Date: September 1998

Investigated the predictive validity of optimism, construed as a stable personality trait in a health relevant context. We hypothesized that optimists should report fewer physical health symptoms and a faster surgical recovery than pessimists and tested our assumption among 18 patients of the Orthopedic care Unit at a Parisian hospital. The findings supported the assumption that optimism can be used as a predictor of physical health. Two articles were published after completion of the study.

## **PUBLICATIONS**

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**Guellati, S.** (2000). Le Concept d'Optimisme en Psychologie de la Santé (In English: *Optimism in Health Psychology*) Journal de Thérapie Comportementale et Cognitive, Vol. 10(1), 5-12.

**Guellati, S., Lemerle, J-P., Bouteyre, E.** (2000). Le Role de l'Optimisme dans les suites opératoires (In English: *The Role of Optimism in Predicting Post-Surgical Recovery*) Journal de Thérapie Comportementale et Cognitive, Vol. 10(1), 15-29.

## **TEACHING EXPERIENCE**

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**University of Miami, Coral Gables, FL**

*Course Instructor*

Psychology 110: Introduction to Psychology (Spring 2003, Spring 2005)

Assumed full responsibility for undergraduate course, including lecturing, testing, and grading. Topics covered various areas of the discipline. Students were initiated to the use of library services and bibliography search.

**University of Miami**, Coral Gables, FL

*Teaching Assistant*

Psychology 110: Introduction to Psychology (Fall 2001)

Presented review sessions, graded exams, and provided individual tutoring to graduate students. Organized training sessions for the use of library services, including database search.

Psychology 440: Abnormal Child Psychology (Summer 2001)

Lectured several classes, presented videos and led discussions, and graded exams with essay questions.

Psychology 110: Introduction to Psychology (Summer 2001)

Graded exams.

Psychology 202: Introduction to Psychobiology (Summer 2001)

Graded exams.

Research Participation Office: Part-time attendant (Fall 2000, Spring 2001)

Co-managed the undergraduate subject pool activities, including orienting freshmen to participate to credit-earning research projects.

## **PROFESSIONAL EXPERIENCE**

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1994 - 2000

**ADECCO Travail Temporaire**, Neuilly S/Seine, France

*Function: Bilingual English-French Executive Secretary, Administration/Sales Assistant*

1989 - 1992

**SOVAC ENTREPRISES**, Paris, France

*Function: Corporate leasing Account Assistant Manager*

## REFERENCES

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Dr. Michael H. Antoni  
Professor of Psychology and Psychiatry and Behavioral Sciences  
Director, Center for Psycho-Oncology Research  
Director, Cancer Prevention and Control Research, Sylvester Comprehensive Cancer Center  
University of Miami  
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Director of the Adult Program  
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Dr. Anthony M. Gross  
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The Danielsen Institute  
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Dr. Annette M. La Greca  
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Dr. Neil Schneiderman  
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Professor, Department of Medicine  
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Dr. Colleen West  
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